



## **Health & Safety**

# **SUN CARE POLICY**

**Policy number: H&S**

**Date approved:**

**Date to be renewed:** January 2014

**Revision: 1**

### **POLICY STATEMENT**

The centre adopts a policy of following the UV index chart printed daily from the cancer council website and not going outside when the UV index is Extreme and very high and playing in shaded areas when the UV index is moderate to high. The centre will ensure there are sufficient shaded areas within the centre grounds. The children will be encouraged to use shaded areas for outdoor play. When setting up the outdoor environment staff are to be aware of providing experiences in shaded areas

### **HOW POLICY WILL BE IMPLEMENTED (Specific Policies & Procedures)**

#### **Hats**

Children are to always wear a bucket hat when playing in the outdoor environment. All staff (including relief) are to always wear hats (bucket) to model a good example to the children. Hats are to be worn all year round, regardless of weather. Hats are provided by the centre; children's names will be written on masking tape and placed on hat. Hats will be washed weekly

No hat = No outdoor play

#### **Sunscreen**

Sunscreen is applied 20 minutes before going outdoors. It is layered on the skin, not rubbed in. Sunscreen is applied twice daily, before going out in the morning and



again before going out in the afternoon, or after 2 hours if needed. All staff (relief included) are to wear sunscreen to promote good role modelling practices.

Sunscreen is never used as a substitute for protective clothing

When the UV index is under 3 then children and staff will not be required to wear sunscreen.

If a parent specifically request that you do not apply sunscreen to their child due perhaps to their cultural norms or a severe allergy, Caregivers will discuss with the parents appropriate clothing they will need to wear i.e., long sleeved shirts and pants, and staff will ensure the child plays in well shielded areas.

A letter will be given to the parents recommending precautions against harmful UVR rays that should be taken.

### **Clothing**

Parents are encouraged to ensure that children wear protective clothing through the summer months. No shoestring straps or singlets are to be worn.

The centre has some cotton shirts for children who are not suitably dressed.

### **SOURCES:**

Education and Care Services National Regulations 2012

Australian Children's Education and Care Quality Authority (ACECQA).

Cancer Council of WA Inc.

Occupational Safety & Health Act 1984 & regulations (1996)

Laws of negligence and duty of care.